PUERTO RICO



LITTLE LADS & LASSIES INC.

BOLETIN INFORMATIVO

¿Cuándo un jugador puede abandonar el espacio marcado en el área de tiro libre ("carril") según establece la Regla Americana (NFHS 2021)?

- Los Jugadores en "los carriles "pueden entrar o salir de los mismos una vez el tirador se haya **desprendido de la pelota**. (Regla 9, sección 1, Art. d,g)
- Los demás jugadores y el tirador TIENEN que esperar que la pelota toque el aro (Art. e,f), al igual que los jugadores defensivos que opten por defender al tirador (Art. h)

Anejo Copia de reglas y artículos nombrados:

Rule 9 Violations and Penalties

SECTION 1 FREE-THROW PROVISIONS

- **ART. 1...** The try shall be attempted from within the free-throw semicircle and behind the free-throw line.
- **ART. 2...** Teams shall properly occupy marked lane spaces according to number and space requirements.
- **ART. 3...** After the ball is placed at the disposal of a free thrower:
 - a. He/she shall throw within 10 seconds to cause the ball to enter the basket or touch the ring before the free throw ends.
 - b. The free thrower shall not fake a try, nor shall any player in a marked lane space fake to cause an opponent to violate.
 - c. No opponent shall distract the free thrower.

- d. No player shall enter a marked lane space or leave a marked lane space by contacting the court outside the 36-inch by 36-inch space until the ball is released.
- e. The free thrower shall not have either foot beyond the vertical plane of the edge of the free-throw line which is farther from the basket or the freethrow semicircle line until the ball touches the ring or until the free throw ends.
- f. A player, other than the free thrower, who does not occupy a marked lane space, may not have either foot beyond the vertical plane of the free-throw line extended and the three-point line which is farther from the basket until the ball touches the ring or until the free throw ends.
- g. A player occupying a marked lane space may not have either foot beyond the vertical plane of the outside edge of any lane boundary, or beyond the vertical plane of any edge of the space (2 inches by 36 inches) designated by lane-space

- marks. A player shall position one foot near the outer edge of the free-throw lane line. The other foot may be positioned anywhere within the designated 36-inch lane space until the ball has been released.
- h. Players occupying marked freethrow lane lines spaces may not enter the free-throw semicircle until the ball touches the ring or until the free throw ends.

PENALTIES: (Section 1)

- 1. If the first or only violation is by the free thrower or a teammate, the ball becomes dead when the violation occurs, and no point can be scored by that throw. The following out-of-bounds provisions apply if no further free throws are to be administered:
 - a. If the violation occurs during a free throw for a personal foul, other than intentional or flagrant, the ball is awarded to the opponents for a throw-in from the designated out-of-bounds spot nearest the violation.